

The Boston College Community recognizes student health and well-being as a foundation for student formation, reflecting the integration of intellectual, spiritual and social development.

Health and wellness is critical to student success. We capitalize on the strength of our multidisciplinary team to embrace the Jesuit Catholic value of *cura personalis*, care for the whole person: mind, body and soul. We do this by creating an inclusive, wellness-focused community that empowers our students to thrive in all areas of their lives, and connects health and wellness to student formation and academic achievement.

: To create a culture of student well-being at Boston College

Capitalize on the diverse skill set and shared strengths of the multidisciplinary *Health & Wellness* team to intentionally advance and sustain a holistic approach to student well-being

Ensure each employee in all *Health & Wellness* departments understands the full functionality of the other departments, including services offered, signature programs, and referral process for students.

Examine and refine cross-department communication processes and protocols, in order to facilitate collaboration and the seamless referral of students between departments to maximize care and the overall student experience.

Leverage the multidisciplinary talents and expertise of health and wellness staff and the extensive data sets within Boston College to create a holistic approach to student well-being.

Partner with campus stakeholders to achieve a collective impact on student health and wellness

Seek partnerships with stakeholders across campus for student well-being initiatives by sharing the health and wellness strategic plan and emphasizing the relationship between student well-being and success.

Establish a mechanism for campus partners to connect on a regular basis for the purpose of shared dialogue, education, and/or response to factors impacting student well-being, including: existing policies and practices, the built environment, the impact of an expanding digital environment, and current events.

Identify and implement a campus-wide initiative for mental health gatekeeper training (i.e., responding to students in crisis; suicide prevention).

Build upon existing community awareness of sexual violence to expand prevention and response efforts and supports.

Leverage campus-wide efforts focused on substance use prevention and education to expand community understanding of, and engagement with, the impact of these issues on overall student well-being and success.